

Week 5- Well-being week

Week Beginning: 1-2-2021 (Work Week)

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 – 9:15	Children's Mental Health Week Assembly	Mindfulness session	Mindfulness session	Mindfulness session	Mindfulness session
9:15 – 9:30	Reading for Pleasure	Reading for Pleasure	Reading for Pleasure	Reading for Pleasure	Reading for Pleasure
9:30 – 10:00	English	English	English	English	English/ Maths
10:00 – 10:30	Break	Break	Break	Break	Break
10:30 – 11:00	Maths	Maths	Maths	Maths	Work Week
11:00 – 11:30	Science	Science	Science	Science	
11:30 - 12:00	Work Week	Work Week	Work Week	Work Week	
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
13:00 – 13:30	Catch-up/ intervention and consolidation of morning session	Catch-up/ intervention and consolidation of morning session	Catch-up/ intervention and consolidation of morning session	Catch-up/ intervention and consolidation of morning session	Study guides/ Celebration Assemblies
13:30 – 15:00	Work week introduction 13.45 -14.15 Assemblies 14.20 – 14.40	Work Week 13.45 – 15.00	Wellbeing Wednesday 14.00 – 15.00	Work Week Workshop with visitors 13.25 – 15.00	