

### Subject:

### **Curriculum Provision Statement**

Inspiring Excellence Our days are always filled with MAGIC

#### Context

Keir Hardie Primary School recognises the value of Physical Education (P.E.) and as a result we are proud of the provision we have for P.E. which demonstrates our ambition for every child and the high expectations we expect of every pupil. We have pupils from diverse socio-economic backgrounds and as such, the range of skills and knowledge covered by our provision reflects this. The children from our community do not have access to a wide range of sports activities that are affordable. To this end, we aim to give pupils opportunities that will enable them to develop healthy participation within sport and exercise.

The National Curriculum (2014) states that within physical education children should: develop competent skills to excel in a broad range of physical activities are physically active for sustained periods of time to promote healthy participation engage in competitive sports and adventurous outdoor activities that reflect their background as well as the opportunities the local area provides. lead healthy, active lives

The PE curriculum at Keir Hardie therefore encourages children to see sports and physical activity as an important element of their daily lives and it raises awareness of the positive impact physical activity has on their health and well-being.

"Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity." John Fidzgerald Kennedy.

Intent	Implementation	Impact
The intent of our curriculum aligns with our whole school motto "Inspiring Excellence" which demonstrates our aspirations in P.E. for every pupil, with a view to celebrate their uniqueness.	We deliver the key skills and knowledge required by the objectives of the National Curriculum through well designed learning journeys.  Through our learning journeys, our pupils explore different sports, develop key vocabulary,	The pupils at Keir Hardie complete each key stage with a high proficiency in each aspect of PE following the objectives from the National Curriculum.

We deliver the aims of the national curriculum while at the same time catering for the needs of the diverse community we serve.

As such, our curriculum has been carefully designed to develop the holistic child. By offering a broad and balanced curriculum, a range of sporting activities as well as enrichment opportunities to appeal to the interests of individuals, we promote the link between physical fitness and pupils' mental health and well-being.

We aim to develop pupils' fine and gross motor skills, where pupils become increasingly competent and confident as they develop. Pupils are provided access to a broad range of opportunities to extend their agility, balance and coordination, both individually as well as within teams.

We develop the progression in skills competency through: motor competence; rules, strategies and tactics; and healthy participation.

knowledge and skills and apply them in different contexts to ensure that they have a broad and balanced curriculum.

At Keir Hardie we plan activities to develop the physical ability, mental well-being and independence of every child.

During PE lessons, teaching and learning shows progression across all Key Stages within the skills and sports studied. Each session builds on the vocabulary, knowledge and skills taught in the previous one, to allow children to acquire further skills and knowledge, know more, remember more and do more.

We provide at least 2 hours per week of high quality PE for all pupils which include athletics, gymnastics, dance, invasion games, outdoor adventurous activities and swimming.

Additionally, for SEND pupils, we achieve this through the 'Let's Get Moving' programme which aims to develop their physical activity; and sessions of swimming at least once-a-week.

In addition, The London Aquatic Centre delivers intensive swimming lessons for year 5 and 6 pupils, allowing them to acquire a vital life skill.

Moreover, we provide further enrichment opportunities through a range of after school clubs (e.g. Badminton, Dance, Karate etc). Through initiatives such as 'Healthy Living fortnight" we make our pupils aware and have the necessary information to make healthier choices when it comes to exercising, diet and sleep.

Pupils at Keir Hardie are aware of the link between physical activity and good mental health and understand it's significance as part of a healthy lifestyle through initiatives every year such as 'Healthy Living Week' and their daily lesson input.

By promoting healthy participation, developing motor skills and applying them in line with rules, strategies and tactics our effective PE programme ensures children make good progress. It enables pupils' to tackle barriers to learning and raise aspirations. Moreover, the curriculum improves the life chances of the most vulnerable and disadvantaged pupils within the school. As such, our PE curriculum promotes inclusivity as well as celebrating and acknowledging the uniqueness of individual pupils.

The PE curriculum at Keir Hardie develops physically literate individuals who have the knowledge, skills and confidence to enjoy a healthy lifestyle and participate in physical activity. Pupils develop motor competence and develop knowledge of rules, strategies and tactics in order to direct and guide successful movement and achieve progression of skills in line with the national curriculum.

We continue to build resilience in our pupils and improve their ability to solve problems, work collaboratively alongside others and develop their self-esteem by offering adventurous outdoor activities such as 'Fair Play House' and trips to 'Wales' 'as they move to the next stage of their education. We work hard to ensure through careful monitoring that all children are accessing the provisions on offer including those on the Pupil Premium Grant and our SEND pupils.

We use Newham Schools Sports Partnership to support CPD for our Teachers and support staff; organise competitions and use their external sports coaches (as well as our own internal sports coaches and teachers) to deliver high quality lessons.

All of the above ensure that our pupils experience high quality PE sessions and create better opportunities for our pupils to engage and enjoy sports.

### **Subject Coverage**

	Autumn	Spring	Summer
EYFS	Gym tots - spacial awareness	Gym tots - Mimicking	Gym tots - Gross motor skills
Year 1	Basic movements Running/Gymnastics NC KS1.1&1.2  Ball skills - Catching & Throwing/Gymnastics NC KS1.1&1.2	Ball skills - Feet /Gymnastics KS1.1  Ball skills - Rackets, bats and balls /Gymnastics KS1.1	Basic movements - Jumping / Gymnastics NC KS1.1 &1.2 Gymnastics / Dance NC KS 1.1, 1.3

Year 2	Ball skills - Catching & Throwing / Outdoor adventurous activities (Lambourne End) KS1.1 & 1.2  Basic movements - Jumping / Invasion games KS1.1	Attacking & Defending / Ball skills - Catching & Throwing KS1.1  Ball skills - Feet / Basic movements - Running KS1.1	Ball skills - Rackets, bats and balls / Basic movements - Jumping KS1.1  Gymnastics / Dance NC KS 1.1, 1.3
Year 3	Football /Handball <i>KS2.2 &amp; 2.6</i> Cricket /Rounders <i>NC KS2.2 &amp; 2.6</i>	Netball /Badminton KS2.2 & 2.6 Athletics /Tag rugby KS2.1, 2.2, 2.3 & 2.6	Gymnastics /Communication & tactics <i>NC KS2.3</i> & 2.6  Problem-solving / Dance <i>NC KS2.4</i> & 2.6
Year 4	Athletics /Cricket NC KS2.1, 2.2, 2.3 & 2.6  Football / Tag rugby NC KS2.2 & 2.6	Gymnastics / Problem-solving NC KS2.3 & 2.6  Gymnastics /Netball NC KS2.2 & 2.6	Handball /Rounders NC KS2.2 & 2.6  Badminton /Dance NC KS KS2.2, 2.4 & 2.6
Year 5	Basketball NC KS2.2 & 2.6  Gymnastics/KS2.3 & 2.6  Outdoor adventurous activities (Fairplay house - Maldon) NC KS2.5 & 2.6	Football NC KS2.2 & 2.6 Hockey NC KS2.2 & 2.6	Swimming <i>NC KS2.7, 2.8, 2.9 &amp; 2.6</i> Dance <i>NC KS2.4 &amp; 2.6</i>
Year 6	Gymnastics <i>NC KS2.3 &amp; 2.6</i> Basketball <i>NC KS2.2 &amp; 2.6</i> Outdoor adventurous activities (Wales Residential) <i>KS2.5 &amp; 2.6</i>	Hockey NC KS2.2 & 2.6 Football NC KS2.2 & 2.6	Tennis <i>NC KS2.2 &amp; 2.6</i> Swimming <i>NC KS2.7, 2.8, 2.9 &amp; 2.6 /</i> Dance <i>NC KS2.4 &amp; 2.6</i>

# Enrichment/Cultural Capital

Enrichment clubs are as follows:

Morning: Boxing club (Yr 3, 4, 5 & 6)

Mixed Football club (Yr 3, 4, 5, & 6) Gymnastics club (EYFS, Yr 1, 2, 3, 4, 5 & 6)

#### After school:

EYFS / Key Stage 1 - Multi-Skills club (Yr 1, 2)

Lower Key Stage 2 -Dodgeball club (Yr 3, 4) Tennis club (Yr 3, 4, & 5) Roller Skating club (Yr 3, 4, 5, 6) Girls football club (Yr 3, 4, 5, 6)

Higher Key Stage 2 -Badminton club (Yr 4, 5) Karate club (Yr 4, 5 and 6) Mixed Football club (Yr 4, 5 and 6) Dodgeball club (Yr 5, 6) Boys football team (Yr 5, 6)

#### Clubs for all:

Gifted & talented Gymnastics club

We promote PE as an universal language, that anyone can "participate", irrelevant of their skill-set, origin or beliefs.

Give opportunities to pupils to express themselves, to their class, or during an event such as 'Sports Day' and inspire others.

Participating in intra-school and external competitions and visiting sports venues.

Enable our children to be healthy, and physically active.

Inspire and enrich the children's experiences by providing them with memorable learning opportunities supported by effective resources, workshops facilitated by experts, well-sequenced and coherent lessons.

Inclusive to meet the needs of all our pupils.

Anyone can participate in competitive sports, dance, gymnastics or athletics.

There is no failure, until we stop trying.

Cultural capital is the accumulation of knowledge, behaviours, and skills that a child can draw upon and which demonstrates their cultural awareness, knowledge and competence; it is one of the key ingredients a pupil will draw upon to be successful in society, their career and the world of work.

Cultural capital gives power! It helps children achieve goals, become successful, and rise up the social ladder without necessarily having wealth or financial capital. Essentially, children of differing age, gender, race, ability, disability, background and environment are encouraged to participate. Currently, the following ideas are in place; increasing technical vocabulary, bridge the gender differentials in our community, give opportunities for pupils to develop a passion, children who demonstrate ability, skill and enthusiasm are signposted (i.e. Dojo / house points).

### Competitions, events, workshops and educational visits are as follows;

#### Autumn term:

Cross Country (Yr 4, 5 & 6) - Competition

S.E.N.D ten pin bowling - Event

UEL Sport in Your Future (Yr 3, 4, 5 & 6) - Event

Boys football (Yr 5, 6) - Competition

KS1 Mini Olympics - Competition

KS1 Mini Olympics - Competition

KS2 Panathlon - Event

Dance mats - Competition

Sportshall athletics (Yr 5, 6) - Competition

Sportshall athletics (Yr 3, 4) - Competition

### Spring term:

KS1 Mini Olympics - Competition

Newham new age kurling (Yr 3, 4) - Competition

KS2 Panathlon - Event

Inspire festival east - Event

Gifted & Talented Sports - Event

KS1 Mini Olympics - Competition

Girls football (Yr 3, 4) - Competition

Racket pack badminton (Yr 3, 4) - Competition

Inspire festival water sports (Yr 3, 4) - Event

KS2 Tri golf - Competition

**Gymnastics - Competition** 

EYFS Balanceability - workshop

### Summer term:

Mini tennis (Yr 3, 4) - Competition

KS1 Mini Olympics - Competition

Mini tennis (Yr 5, 6) - Competition

Seated volleyball (Yr 5, 6) - Competition

KS2 Panathlon - Competition

Orienteering (Yr 5, 6) - Competition

Yr 5 - 2 week swimming intensive programme

National school sports week - workshop (i.e. Promoting healthy eating / sports and careers)

Yr 6 - 2 week swimming intensive programme

### **Educational visits**

Yr 2 Lambourne end - Outdoor adventurous activities

Yr 5 Fair play house - Outdoor adventurous activities

Yr 6 Wales - Outdoor adventurous activities

### Educational, club and community links:

Newham School Sports Partnership (NewhamSSP)

CompletePE - Scheme of work

Boxing - Excellence Sports Coaching

Karate - Stratford Karate club

**Gymnastics - Amplitude** 

Mixed football - Newham futsal club

Cricket - Platform Cricket

Football - Central Park football club

Newham futsal club - community link

National Tennis Association - community link

Subjects specific reading books

### **EYFS Essential Knowledge**

- Pupils will be able to move into spaces avoiding other pupils.
- Pupils will also be able to adjust their speed and change direction to avoid other pupils
- Pupils will develop their ability to push, roll and bounce a ball with control.
- Pupils will create movements and balances in high and low ways on the floor and or on apparatus.
- Pupils will move their bodies with big actions (Dance)
- Pupils will develop their ability to jump and land safely
- Pupils will develop their ability to walk and move into space, change direction and keep away from the defenders.

Year 1 Essential Knowledge	Year 2 Essential Knowledge
Pupils will run and stay in a space avoiding the defenders.	Pupils will be able to throw accurately underarm

- Jump into spaces to avoid defenders.
- Pupils will be able to send a ball towards a target
- Pupils will be able to receive and stop a ball.
- Dribble the ball keeping control
- Pupils will be able to push (hit) their ball towards a target
- Pupils will be able to move and balance using big and small body parts in wide, narrow and curled ways
- Pupils can move in relation to the music and respond with appropriate movements and actions. (dance)

- Use head, arms and feet, within their jumping technique
- Pupils will be able to run and stay in a space, changing direction and speed
- Pupils will be able to pass with reasonable accuracy (hands)
- · Pupils will be able to move in to space when attacking
- Pupils will be able to apply their passing and dribbling skills (feet) in a game.
- Pupils will be able to strike (hit) their ball into space, directing the ball away from fielders.
- Pupils will be able to link movements and balances together
- Pupils can respond to the music with appropriate movements and actions, using their whole body. (dance)
- Pupils to show an understanding of the principles of attack vs defence

### **Year 3 Essential Knowledge**

- Pupils to use passing and moving combined with dribbling skills to keep possession. (football)
- Pupils to use passing and moving to keep possession (handball, netball, tag rugby).
- Pupils to use throwing, catching and batting skills in order to attempt to outwit opponents (cricket)
- Pupils to demonstrate reasonably accurate throwing, catching and retrieving skills (rounders)
- Pupils to apply the principles of attack vs defence (invasion games)
- Pupils to apply an understanding of where, when and why we pass and move
- Pupils will throw/hit the ball into space on their opponents side of the court. (badminton)
- Pupils will develop their ability to run and jump as fast/far as possible using correct technique (athletics)
- Use different techniques to throw for distance and for accuracy (athletics)
- Pupils will execute balances and movements in both symmetrical and asymmetrical ways.
- Pupils will work within teams to complete problem solving challenges successfully. (communication and tactics, problem solving)
- Pupils to add drama and emotion to dance.

## **Year 4 Essential Knowledge**

- Pupils to apply the principles of attack vs defence using simple tactics.(football, tag rugby, netball, handball)
- Pupils to apply accurate bowling, throwing, catching, stopping and retrieving within a game (cricket, rounders).
- Pupils to apply the correct technique for sprinting. (athletics)
- Pupils to display pacing. (athletics)
- Pupils will be able to apply batting skills in order to hit the ball with the aim of scoring points.(rounders)
- Pupils to apply a secure understanding of passing, moving and dribbling in order to create space and score. (football, tag rugby, netball, handball)
- Pupils will apply tagging to prevent an attacker scoring. (tag rugby)
- Pupils to execute balances and movements within the 'bridges' theme. Applying flow, pupils will link these movements and balances together. (gymnastics)
- Pupils to work in teams to find effective strategies and tactics in order to complete the different problem solving challenges successfully (problem solving)
- Pupils to hit the shuttlecock into space on their opponents side of the court, creating space for the next shot that will win them the point.
- Children to display show movement through improvisation, (dance)

Year 5 Essential Knowledge	Year 6 Essential Knowledge
<ul> <li>Pupils will pass, move, dribble and shoot accurately and consistently, switching fluidly between attack and defence as possession changes (football, hockey, basketball)</li> <li>Pupils will be able to develop tactics for both attacking and defending and apply these successfully within their team.(football, basketball, hockey)</li> <li>Counter Balance and Counter Tension balances on the floor and on apparatus. (gymnastics)</li> <li>Pupils show effective communication skills, essential to working within a team to complete the challenges.</li> <li>Pupils will orientate a map and locate points, returning to base as quickly as possible. (Fairplay house)</li> <li>Pupils will be able to use their bodies to perform technical movements with control and balance (Dance)</li> </ul>	<ul> <li>Pupils will create a sequence containing both matching and mirroring movements, executed with accuracy and fluidity using a range of apparatus (gymnastics)</li> <li>Pupils will apply a refined understanding of passing and moving and dribbling to score points against another team. (basketball)</li> <li>Pupils will in turn apply pressure when defending to regain possession effectively. (football, basketball, hockey)</li> <li>Pupils will apply understanding of playing forehand, backhand, serves and volleys into space in order to win points. (tennis)</li> <li>Pupils to consistently apply effective attacking skills, applying decision making in order to keep possession and score.(football, basketball, hockey)</li> <li>Pupils will apply effective leadership skills to support and guide other pupils/their team in order to play games and complete challenges. (Wales residential)</li> <li>Pupils to locate points in a set order. Following the route they have been given to reach as many points as possible in an allocated time.(Wales residential)</li> </ul>