



Custom House & Canning Town Community Neighbourhood



Edith Kerrison Children's Centre
Sophia Road E16 3PB
www.edithkerrison.newham.sch.uk

0207 473 2761



Keir Hardie Children's Centre
Robertson Road E16 1FZ
www.keirhardie.newham.sch.uk

0207 476 1284

Booking information

Please call the central booking line for sessions that require booking unless stated differently. Please call the day before to book a place. Please call on a Friday to book a Monday group.

Booking opens 9am

Central booking number 0207 473 2761

For transparency and equity all service users will be able to access 3 groups (depending on age of age) during the week across both sites .Families receiving support through our services will be able to access additional sessions.

A waiting list will operate for sessions when full .

For further enquires/information please call and speak to a member of the team.

Please follow the link below to register for Newham BSiL Children's Centres

[https://newham-self.achieveservice.com/service/Best Start in Life Registration](https://newham-self.achieveservice.com/service/Best%20Start%20in%20Life%20Registration)

Programme subject to change

Monday

Little Champions Stay and Play

At Edith Kerrison

Are you a parent/carer/childminder of a child with delayed speech language and communication. This group will offer a variety of engaging activities to support speech and language delay, sensory needs, social skills, play and interaction.

For further information, please contact Edith Kerrison Children's Centre

Time 10.00am-11.15am

first session 15 January

Term time only

Booking required

Stay and Play / Baby Club at Keir Hardie

Focussed on exploring and understanding your babies development and discovering your baby's unique and amazing abilities.

Time 1.30pm—2.30pm,

This group is for babies that are non walkers.

Booking required



Stay and Play New session

Shipman Youth Zone

340 Prince Regent Lane, London E16 3JH

Focussed on supporting children's early language and communication through play.

Time 10:30am-11:45am

Start date March TBC

Tuesday

Newham Adult Learning Service

ESOL Class at Edith Kerrison

Family learning classes let's improve our English.

Is English your second language? Do you want to improve your English? Would you like to help your children at school? A free 10 week course

<https://www.ournewhamls.co.uk/family-learning.php>

Contact Edith Kerrison Children's Centre

Booking required

Talking Tots

Delivered by Health visiting team.

Invite only



Little Talkers at Keir Hardie

A 4 week course for children from 18 months old presenting with delayed language development. Strategies will be introduced to support your child at home.

Time 10.00am-11.00am

Invite /referral only

Stay and Play / Baby Club at Edith Kerrison

Focussed on exploring and understanding your babies development and discovering your baby's unique and amazing abilities

This group is for babies that are non walkers

Time 1:30pm- 2:30pm

Booking required

Booking

Central booking number

0207 473 2761

Please call the day before to book a session

Due to capacity only one adult per family will be admitted in all groups. Please arrive on time no entry after 15 minutes of group start time

Subject to change

Wednesday

Stay and Play at Keir Hardie

Focussed on supporting children's early language and communication through play.

Time: 9.00am— 10.15am

Time:10.30m-11.45pm

Time :1.30pm—2.45pm

Age 0-3 years old

Half term older siblings up to 8 years old welcome

No session 31 January /28 February

Booking required

Safety/Home /Accident Prevention/Minor Ailments

Information shared by Health visitor alongside stay and play

Keir Hardie Children's Centre

Wednesday 17 January – Time 10:30 am—12:00 pm

Healthy Eating /Dental hygiene

Information shared by Health visitor alongside stay and play

Keir Hardie Children's Centre

Wednesday 14 February - Time 10:30am-12:00 pm



Baby Massage at Edith Kerrison

Baby massage has a variety of benefits. Your baby will feel nurtured and loved, strengthening the bond between parent and baby. Massages will also allow your baby to feel more relaxed, which may improve their sleep.

Age 0-6 months non crawlers

This session will run for 4 weeks.

First session 6 March

Time 10.30am-11.15am

Call central booking number 0207 473 2761

Booking required



Thursday

Little Talkers at Edith Kerrison

A 4 week course for children from 18 months old

Time 10.00-am-11.00am

Invite /referral only

Stay and Play at Edith Kerrison

Focussed on supporting children's early language and communication through play.

This group will have a speech and language therapist dropping in . Please contact the centre for further information

Time: 1.30pm—2.45pm

Age 0-3 years old

Half term older siblings up to 8 years old welcome

Booking required

Stay and Play at Keir Hardie

For Homebased Educators Childminders only

Time 9:15 am to 11:30am

Dates

January 11 & 25

February: 8 & 25

March 4 & 28

Please call 0207 473 2761 for further information.

Closure dates staff training

Wednesday 31 January

Wednesday 28 February

Thursday 28 March

Teaching Assistant Training Level 2 Accredited Course

For more information please contact
Keir Hardie: 0207 4761284

Friday

Stay and Play at Edith Kerrison

Focussed on supporting children's early language and communication through play.

Time 9:00am - 10.15am

Time 10.45am-12.00pm

Time 1.30pm-2.45pm

Age 0-3 years old

During school holidays older siblings up to 8 years old welcome times and days may change .

Booking required

Safety/Home /Accident Prevention & Minor Ailments

Information shared by Health visitor alongside stay and play

Edith Kerrison Children's Centre

Friday 15 March – Time 10:30 am–12:00 pm

Coffee Morning /afternoon



Come along and meet the Children's Centre team . Find out what's happening in the community and offer suggestions for future services

Date Thursday 25 January

Date Wednesday 21 February

Date Wednesday 20 March

Time 9am-10am and 12:45pm-1:45pm

Notice board

Support for parents

If you are interested in a workshop /group please contact the Children's Centre team for further information/booking alternatively visit Newham parenting website to view the extensive offer

All sessions above require booking

Toileting workshop at Edith Kerrison

This will offer a simple guide and tips to support parents with potty/toilet training .

From 18 months

Date 16 January 12.45pm –2:15pm



Developing good bedtime routines

Triple P discussion group at Edith Kerrison

This will offer a simple guide and tips to support parents with bedtime routines

Tuesday 27 February 12 :45pm -2:45pm

Dealing with disobedience Triple P discussion group at Edith Kerrison

This will provide examples of common forms of disobedience and some reasons why children have difficulty learning to follow instructions. Positive parenting tips and strategies for dealing with disobedience will be discussed.

Date 27 March

Time 9:15am-11.15am

Please contact the centre for
Half term activities session times and dates
may change .

During school holidays older
siblings up to 8 years old welcome

Healthy start

Are you pregnant or have a child under the age of 4?

With Healthy start you can get help to buy fresh milk fruit ,veg, formula milk and vitamins. Speak to a member of the Children's Centre team to find out if you qualify .

You will need to apply on line visit **www.healthystart.nhs.uk**

Alternatively to find out if you are eligible for Healthy Start food and milk vouchers/payments visit **www.healthystart.nhs.uk** and apply.

If you receive paper vouchers you will need to reapply or your payments will stop.



Time to talk

A chance to talk to our family support workers about concerns ,worries or questions that you may have about your child /family situation .If we don't know the answer may know someone who can help. Please contact the centre if you would like support /signposting to foodbank, SEND support, new to area ,domestic abuse ,child development ,benefits ,parenting support e.g., sleep, behaviour, potty training

Please call

Edith Kerrison 0207 473 2761

Keir Hardie 0207 476 1284

To speak to a family support worker



nfonewham.dsv@hestia.org
08081961482

Hestia, the main specialist support provider in the borough to victims of domestic abuse and sexual violence.

Please speak to a member of the children's centre team for further information

nfonewham.dsv@hestia.org

Nutrition Parent Webinars

Early Start are offering webinars please look at their website for further details.

Sessions cover : weaning your baby ,toddler meals & snacks and child dental health



<https://www.earlystartgroup.com/nutrition/parents-page/toddlers-meals-and-snacks-webinar-for-parents/>



Free healthy start vitamins

FREE VITAMINS NOW AVAILABLE for all pregnant, new mums and children up until their 4th birthday living in Newham. Vitamins will help your child grow up strong and healthy and help you maintain good health

To collect your free vitamins: Contact your Midwife, Health Visitor or visit your nearest vitamin distribution outlet:

<http://map.therapyaudit.com/>
Newhamhealthystart

Edith Kerrison is a distribution centre.



Accessing free 15 hour child care for 2 year olds ?

Please call the central booking number for further assistance and information
0207 473 2761